



Morning & Evening Devotions
For the 40 Days of Lent

Saint Philip's in the Hills Episcopal Church
Tucson, Arizona



Gathered in love. Transformed by grace. Sent to serve.

Dear Friends in Christ,

This booklet contains a series of daily Morning and Evening Devotions for the 40 days of Lent.

Lent (Latin, meaning “fortieth”) has its origins in the preparation of candidates for the sacrament of Holy Baptism in the ancient Church, when Easter was the only day of the year when the Church regularly celebrated the baptisms. The 40 days leading to Easter held a special significance for converts (“catechumens”). Lent represented the final days of preparation for their initiation into the life of Christ’s Body, with Holy Baptism occurring in the context of the Easter liturgy. Lent was also an extended period of penance for those who had been excommunicated because of grievous sins. Those once banned for a time from the sacramental life of the Church were reconciled and welcomed back into the fold.

Very early on the Church recognized that such a period of preparation for the celebration of Easter was of value for all Christians. The disciplines of self-denial and privation associated with Lent help sanctify the heart for God’s purposes. The ancient Church balanced self-denial with almsgiving and other acts of charity toward the poor.

This year we observe the 40 days of Lent with an acute awareness of the global pandemic that continues to rage. We are put in mind of the fragility of life and our common call to love God with all our heart, soul, and mind, and to love our neighbors as ourselves. We make a humble and realistic assessment of where we stand. We grieve and mourn the dead, intercede for those who are sick and those who tend to their needs, and bid God’s grace to bring the pandemic to an end.

Although we are unable to gather in person this year, we still embark together with Christians everywhere on our Lenten journey. We gather with our siblings in Christ, near and far, in spirit, and together we offer ourselves, souls and bodies, to God, "by self-examination and

repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word" (*The Book of Common Prayer*, p. 265).

At the heart of this booklet remains the simple desire to strengthen and unite the prayers of Saint Philip's many parishioners and friends, across distances, in this season of penitence and fasting. This booklet is divided into two sections. The first provides Morning and Evening Devotions for the first three weeks of Lent (February 17-March 13). The second section offers Morning and Evening Devotions for the final weeks of Lent (March 14-27).

The orders of services contained herein are modeled on the Daily Office and the Daily Devotions for Individuals and Families in *The Book of Common Prayer* (1979), with additional prayers and devotions drawn from *Enriching Our Worship*, Volume 1 (1997). Please keep close your Prayer Book and a Bible! The psalms and readings from the Bible are drawn from the Daily Office Lectionary and are listed in the appendix at the very end of the booklet.

May God bless you and yours and keep you safe in the weeks ahead as we journey as one people, knit together in Christ, towards the celebration of our Lord's death and resurrection on Easter Day.

Yours in Christ,

A handwritten signature in black ink, appearing to read "R.J. Hendrickson". The signature is stylized and somewhat cursive, with the first name "R.J." clearly legible and the last name "Hendrickson" written in a more fluid, connected script.

Fr. Robert Hendrickson, Rector
Saint Philip's in the Hills

SECTION I:

**MORNING & EVENING DEVOTIONS
FOR INDIVIDUALS AND FAMILIES**

**THE FIRST THREE WEEKS OF LENT
ASH WEDNESDAY, FEBRUARY 17 – SATURDAY, MARCH 13
2021**

MORNING DEVOTIONS FOR THE FIRST THREE WEEKS OF LENT (February 17 – March 13)

The Officiant begins the service with the following

Create in me a clean heart, O God
and renew a right spirit within me.

Cast me not away from your presence
and take not your holy spirit from me.

Lord, open our lips.
and our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

The following canticle is then said

A Song of God's Love

1 John 4:7-11

*Return to the Lord your God, for he is gracious, and merciful, slow to anger,
and abounding in steadfast love.*

Beloved, let us love one another,
for love is of God.

Whoever does not love does not know God,
for God is love.

In this the love of God was revealed among us,
that God sent his only Son into the world,
so that we might live through Jesus Christ.

In this is love, not that we loved God but that God loved us
and sent his Son that sins might be forgiven.

Beloved, since God loved us so much,
we ought also to love one another.

For if we love one another, God abides in us,
and God's love will be perfected in us.

*Return to the Lord your God, for he is gracious, and merciful, slow to anger,
and abounding in steadfast love.*

The Word of God

*A psalm is prayed, and a reading is proclaimed, based upon the table of
readings on pages 19 & 20 of this booklet.*

The following canticle is then said

A Song of Christ's Goodness

Anselm of Canterbury (d. 1109)

Jesus, as a mother you gather your people to you;
you are gentle with us as a mother with her children.
Often you weep over our sins and our pride,
tenderly you draw us from hatred and judgement.
You comfort us in sorrow and bind up our wounds,
in sickness you nurse us and with pure milk you feed us.
Jesus, by your dying, we are born to new life;
by your anguish and labor we come forth to joy.
Despair turns to hope through your sweet goodness;
through your gentleness, we find comfort in fear.
Your warmth gives life to the dead,
your touch makes sinners righteous.
Lord Jesus, in your mercy, heal us;
in your love and tenderness, remake us.
In your compassion, bring grace and forgiveness,
for the beauty of heaven, may your love prepare us.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,

suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father, and he will come again
to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers

Prayers may freely be offered for oneself and others.

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Officiant then says one or both of the following Collects

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son. **Amen.**

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

Let us bless the Lord. **Thanks be to God.**

EVENING DEVOTIONS FOR THE FIRST THREE WEEKS OF LENT (February 7 – March 13)

The Officiant begins the service with the following sentence of Scripture

If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

1 John 1:9

The following Confession of Sin is then said

Most merciful God,

We confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

Lord, open our lips.

and our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be forever. Amen.

The following Psalm is said

Psalm 131:1-3,8ab *Domine, clamavi*

O Lord, I call to you; come to me quickly;
hear my voice when I cry to you.

Let my prayer be set forth in your sight as incense,
the lifting up for my hands as the evening sacrifice.

Set a watch before my mouth, O Lord,
and guard the door of my lips;
let not my heart incline to any evil thing.
My eyes are turned to you, Lord God;
in you I take refuge.

The Word of God

A psalm is prayed, and a reading is proclaimed, based upon the table of readings on pages 19 & 20 of this booklet.

The following canticle is said

A Song of Ezekiel

Ezekiel 36:24-28

I will take you from among all nations;
and gather you from all lands to bring you home.
I will sprinkle clean water upon you;
and purify you from false gods and uncleanness.
A new heart I will give you
and a new spirit put within you.
I will take the stone heart from your chest
and give you a heart of flesh.
I will help you walk in my laws
and cherish my commandments and do them.
You shall be my people,
and I will be your God.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.

On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father, and he will come again
to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers

Prayers may freely be offered for oneself and others.

Our Father...**Amen.**

The Officiant then says one or more of the following Collects.

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. **Amen.**

O most mighty and merciful God, in this time of great sickness, we flee to you for aid. Deliver us, we pray, from our peril; give strength and skill to all who minister to the sick; hasten the production and distribution of the vaccine; and grant that, witnessing the frailty and uncertainty of this life, we may meditate upon the heavenly wisdom which leads to life eternal; through Jesus Christ our Lord. **Amen.**

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the heart, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen.**

Let us bless the Lord. **Thanks be to God.**

SECTION II:

**MORNING & EVENING DEVOTIONS
FOR INDIVIDUALS AND FAMILIES**

**THE FINAL WEEKS OF LENT
SUNDAY, MARCH 14 – SATURDAY, MARCH 27
2021**

MORNING DEVOTIONS FOR THE FINAL WEEKS OF LENT (March 14 –27)

The Officiant begins the service with the following sentence of Scripture

Jesus said: “If any of you would come after me, deny yourself and take up your cross and follow me.” *Mark 8:34*

Lord, open our lips.

and our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be forever. Amen.

The following canticle is said

A Song of Hosea

Hosea 6:1-3

Our God is full of compassion and mercy: O come let us worship.

Come, let us return to our God,
who has torn us and will heal us.

God has struck us and will bind up our wounds,
after two days revive us,

On the third day restore us,
that in God’s presence we may live.

Let us humble ourselves, let us strive to know the Lord.
whose justice dawns like morning light,

its dawning as sure as the sunrise.

God’s justice will come to us like a shower,
like spring rains that will water the earth.

Our God is full of compassion and mercy: O come let us worship.

The Word of God

A psalm is prayed, and a reading is proclaimed, based upon the table of readings on pages 19 & 20 of this booklet.

The following canticle is said

A Song of Jonah

Jonah 2:2-7,9

I called to you, O God, out of my distress and you answered me;
out of the belly of Sheol I cried, and you heard my voice.

You cast me into the deep, into the heart of the seas,
and the flood surrounded me;
all your waves and billows passed over me.

Then I said, "I am driven away from your sight;
how shall I ever look upon your holy temple?"

The waters closed in over me, the deep was round about me;
weeds were wrapped around my head as at the
roots of the mountains.

I went down to the land below the earth,
yet you brought up my life from the depths, O God.

As my life was ebbing away, I remembered you, O God,
and my prayer came to you, in your holy temple.

With the voice of thanksgiving, I will sacrifice to you:
what I have vowed I will pay, for deliverance
belongs to the Lord!

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died, and was buried;

he descended to the dead.

On the third day he rose again;

he ascended into heaven,
he is seated at the right hand of the Father, and he will come again
to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers

Prayers may freely be offered for oneself and others.

Our Father...**Amen.**

The Officiant then says one or both of the following Collects

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord. **Amen.**

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: so clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you, for the honor of your Name. **Amen.**

Let us bless the Lord. **Thanks be to God.**

EVENING DEVOTIONS FOR THE FINAL WEEKS OF LENT (March 14 – 27)

The Officiant begins the service with the following sentence of Scripture

I will arise and go to my father, and I will say to him, “Father, I have sinned against heaven and before you; I am no longer worthy to be called your child. *Luke 15:18,19*

The following Confession of Sin is then said

Most merciful God,

We confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

Lord, open our lips.

and our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be forever. Amen.

Psalm 131:1-3,8ab *Domine, clamavi*

O Lord, I call to you; come to me quickly;

hear my voice when I cry to you.

Let my prayer be set forth in your sight as incense,

the lifting up for my hands as the evening sacrifice.

Set a watch before my mouth, O Lord,

and guard the door of my lips;

let not my heart incline to any evil thing.

My eyes are turned to you, Lord God;
in you I take refuge.

The Word of God

A psalm is prayed, and a reading is proclaimed, based upon the table of readings on pages 19 & 20 of this booklet.

The following canticle is said

A Song of Christ's Humility

Philippians 2:6-11

Though in the form of God,
Christ Jesus did not cling to equality with God,
But emptied himself, taking the form of a servant,
and was born in human likeness.
Being found in human form, he humbled himself
and became obedient to death, even death on a cross.
Therefore, God has highly exalted him
and given him the name above every name,
That at the name of Jesus, every knee shall bow,
in heaven and on earth and under the earth,
And every tongue confess that Jesus Christ is Lord,
to the glory of God the Father.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,

he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers

Prayers may freely be offered for oneself and others.

Our Father...**Amen.**

The Officiant then says one or more of the following Collects

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. **Amen.**

O most mighty and merciful God, in this time of great sickness, we flee to you for aid. Deliver us, we pray, from our peril; give strength and skill to all who minister to the sick; hasten the production and distribution of the vaccine; and grant that, witnessing the frailty and uncertainty of this life, we may meditate upon the heavenly wisdom which leads to life eternal; through Jesus Christ our Lord. **Amen.**

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the heart, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen.**

Let us bless the Lord. **Thanks be to God.**

APPENDIX: TABLE OF READINGS

	Morning	Evening
February 17	Psalm 143 Heb. 12:1-14	Psalm 130 Luke 18:9-14
Feb. 18	Ps. 37:1-18 Titus 1:1-16	Ps. 37:19-42 John 1:29-34
Feb. 19	Ps. 31 Titus 2:1-15	Ps. 35 John 1:35-42
Feb. 20	Ps. 30 Titus 3:1-15	Ps. 42 John 1:43-51
Feb. 21	Ps. 63:1-8, 98 1 Cor. 1:17-31	Ps. 103 Mark 2:18-22
Feb. 22	Ps. 63:1-11 Heb. 2:11-18	Ps. 44 John 2:1-12
Feb. 23	Ps. 45 Heb. 3:1-11	Ps. 47 John 2:13-22
Feb. 24	Ps. 119:49-72 Heb. 3:12-19	Ps. 49 John 2:23-3:15
Feb. 25	Ps. 50 Heb. 4:1-10	Ps. 19 John 3:16-21
Feb. 26	Ps. 40 Heb. 4:11-16	Ps. 51 John 3:22-36
Feb. 27	Ps. 5 Heb. 5:1-10	Ps. 138 John 4:1-26
Feb. 28	Ps. 24, 29 1 Cor. 3:11-23	Ps. 8, 84 Mark 3:31—4:9
March 1	Ps. 56, 57 Rom. 1:1-15	Ps. 64, 65 John 4:27-42
March 2	Ps. 61, 62 Rom. 1:16-25	Ps. 68:1-36 John 4:43-54
March 3	Ps. 72 Rom. 1:28-2:11	Ps. 119:73-96 John 5:1-18
March 4	Ps. 71 Rom. 2:12-24	Ps. 74 John 5:19-29
March 5	Ps. 95 Rom. 2:25—3:18	Ps. 73 John 5:30-47
March 6	Ps. 75, 76 Rom. 3:19-31	Ps. 23, 27 John 7:1-13
March 7	Ps. 93, 96 1 Cor. 6:12-20	Ps. 34 Mark 5:1-20

March 8	Ps. 80 Rom. 4:1-12	Ps. 77 John 7:14-36
March 9	Ps. 78:1-39 Rom. 4:13-25	Ps. 78:40-72 John 7:37-52
March 10	Ps. 119:97-120 Rom. 5:1-11	Ps. 81, 82 John 8:12-20
March 11	Ps. 42, 43 Rom. 5:12-21	Ps. 85, 86 John 8:21-32
March 12	Ps. 88 Rom. 6:1-11	Ps. 91, 92 John 8:33-47
March 13	Ps. 87, 90 Rom. 6:12-23	Ps. 136 John 8:47-59
March 14	Ps. 66, 67 Gal. 4:21—5:1	Ps. 19, 46 Mark 8:11-21
March 15	Ps. 89:1-18 Rom. 7:1-12	Ps. 89:19-52 John 6:1-15
March 16	Ps. 97, 99 Rom. 7:13-25	Ps. 94 John 6:16-27
March 17	Ps. 101, 109:1-4, 20-30 Rom. 8:1-11	Ps. 119:121-144 John 6:27-40
March 18	Ps. 69:1-23, 31-38 Rom. 8:12-27	Ps. 73 John 6:41-51
March 19	Ps. 102 Rom. 8:28-39	Ps. 107:1-32 John 6:52-59
March 20	Ps. 107:33-43 Rom. 9:1-18	Ps. 33 John 6:60-71
March 21	Ps. 118 1 Cor. 9:19-27	Ps. 145 Mark 8:31—9:1
March 22	Ps. 31 Rom. 9:19-33	Ps. 35 John 9:1-17
March 23	Ps. 121, 122, 123 Rom. 10:1-13	Ps. 124, 125, 126 John 9:18-41
March 24	Ps. 119:145-176 Rom. 10:14-21	Ps. 128, 129, 130 John 10:1-18
March 25	Ps. 131, 132 Rom. 11:1-12	Ps. 140, 142 John 10:19-42
March 26	Ps. 22 Rom. 11:13-24	Ps. 141, 143:1-11 John 11:1-27
March 27	Ps. 137:1-6, 144 Rom. 11:25-36	Ps. 42, 43 John 11:28-44